

OPEN TO EVERYONE

Infants to seniors, individuals or families, insured or uninsured, all income levels — we invite you to make us your medical home.

REMOVING BARRIERS

Making it easy for you to access health and family services is what we're all about.

Telehealth visits are offered by phone and video for your safety and convenience.

Services are offered in many locations and online:

- Medical and behavioral health care in Portsmouth, Somersworth and Rochester
- Dental care in Portsmouth and Somersworth
- Parent and family programs
- Mobile health clinics at shelters and other convenient locations
- Peer-based recovery centers in Dover, Rochester and Hampton

If you have insurance, we accept it: Medicaid (Maine and New Hampshire), Medicare, Marketplace and most other private plans.

If you're uninsured, you may apply for a sliding-fee discount based on your income and family size.

Parent and family programs are free, and all parents and families are welcome.

Services are provided in a respectful, recovery-friendly, LGBTQ-affirming and trauma-informed way.

The services described here are supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$3.7 million in 2020, constituting 18% of this organization's total funding that year. The contents do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS, or the U.S. Government. This organization has federal Public Health Service-deemed status with respect to certain health or health-related claims, including medical malpractice claims, for itself and its covered individuals. Details are at bphc.hrsa.gov/fca/ or HRSA.gov.

GREATER SEACOAST COMMUNITY HEALTH

MISSION

To deliver innovative, compassionate, integrated health services and support that are accessible to all in our community, regardless of ability to pay.

HEALTH CENTERS

Families First

support for families...health care for all

100 Campus Drive, Portsmouth, NH
603-422-8208 | FamiliesFirstSeacoast.org



Goodwin
Community Health

311 Route 108, Somersworth, NH
603-749-2346 | GoodwinCH.org



LILAC CITY
PEDIATRICS

180 Farmington Road, Rochester, NH
603-335-4522 | LilacCity.com

AFFILIATES



GREATER SEACOAST COMMUNITY HEALTH

Goodwin
Community Health

Families
First

Lilac City
Pediatrics



Greater Seacoast Community Health is a network of doctors, dentists, counselors, parent educators and other caring health and family service providers working together to treat the whole person.

GetCommunityHealth.org

INNOVATIVE, COMPASSIONATE, INTEGRATED **SERVICES AND SUPPORT**

THAT ARE ACCESSIBLE TO ALL IN
OUR COMMUNITY, REGARDLESS
OF ABILITY TO PAY

MEDICAL CARE

- Primary care for adults
- Pediatric care
- Prenatal care
- Mobile health care for people experiencing homelessness and others with low incomes
- Child-development screenings
- Breast and cervical cancer screenings
- Nutrition education and counseling
- Education and support for managing chronic diseases



DENTAL CARE

- On-site dentists and hygienists, providing preventive, restorative and emergency care
- Education, screening, cleanings and sealants at schools and Head Start
- Off-site dental clinic

BEHAVIORAL HEALTH SERVICES

- Behavioral health counseling
- Psychiatric care
- Substance Use Disorder counseling
- Medication-Assisted Recovery
- Intensive Outpatient Program

PARENT & FAMILY PROGRAMS

- Parenting classes and groups
- Playgroups and family programs
- In-home support for families under stress
- Support for families with a chronically ill child



AND MORE...

- Social work services and care coordination
- Insurance and benefits enrollment
- Women, Infants and Children (WIC) nutrition program and Commodity Supplemental Food Program in Strafford and Carroll counties
- Access to discounted medications
- Goodwin Pharmacy - open to the public
- Wellness groups
- Acupuncture

BECOME A PATIENT,
VOLUNTEER,
MAKE A DONATION,
APPLY FOR JOBS AT
GETCOMMUNITYHEALTH.ORG

