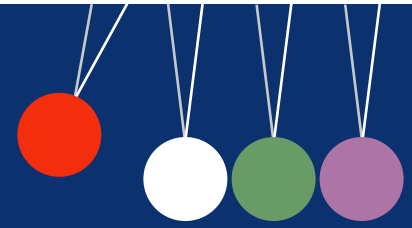


# IMPACT NEWS



An update about the power of your giving

Greater Seacoast Community Health • Spring/Summer 2023



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“If it weren’t for Mary, I think we’d be a lot worse off. Health insurance was very important to us. If you don’t have a safety net, you’re not doing too well.”

~ Justin, after Outreach and Enrollment Specialist Mary Moynihan helped him and his wife, Jessica, transition to a Marketplace insurance plan

## Navigating the Marketplace After the Unwinding of Medicaid

When Seacoast residents Justin and Jessica received notice that they might not be eligible for Medicaid anymore, they didn’t know what they were going to do. Both have chronic health conditions and need continuous health insurance coverage.

When the pandemic began, the couple was living with Jessica’s elderly father, providing in-home care for him, while also working outside jobs. Eventually, Justin and Jessica had to leave their jobs in order to focus on taking care of her father. This led to the couple receiving expanded Medicaid benefits under the COVID-19 Public Health Emergency.

After receiving an urgent letter about the unwinding of Medicaid and the end of expanded benefits, the couple met with Mary Moynihan, an Outreach and Enrollment Specialist at our Somersworth location. Mary reviewed their documentation and discovered that they no longer qualified for Medicaid. When Jessica’s father passed away, she had gone back to full-time employment. This put the couple over the Medicaid income limit by around \$500 a month. While Jessica could get insurance through her work, the premiums would cost over half of her paycheck.

“These are people we don’t want to fall through the cracks, especially because of their chronic health conditions,” said Mary. “We worked as a team and decided on the Health Insurance Marketplace plan that was best for them. It was a real group effort.”

Justin and Jessica were extremely grateful for Mary’s help. “If we didn’t have people like Mary, I think we’d be a lot worse off,” said Justin.

# CEO Janet Laatsch to Retire at Year End

Chief Executive Officer Janet Laatsch has announced her retirement, which will be effective December 31, 2023. Janet started with the organization as a



grant writer in 2001. She was pivotal in the 2018 merger of Goodwin and Families First to create Greater Seacoast Community Health. She also secured new locations for the health centers over the past 12 years, both in Somersworth and Portsmouth.

“Janet’s passion to expand access to health care has improved the lives of thousands,” said Jennifer Glidden, Chair of the Board of Directors. “Her accomplishments will continue to benefit the greater Seacoast populace for years to come.” The board has formed an ad hoc Succession Committee to choose the organization’s next CEO.

“I am blessed to have spent over two wonderful decades here and I will miss the everyday camaraderie working with the dedicated staff who make a difference in patients’ lives,” said Janet.

## Gratitude for our Community Partners

Thank you to our lead Community Partners, listed below, and *all* who support our mission by fundraising on our behalf. We appreciate your efforts!

Abenaque Women’s League  
The Brook  
Coldwell Banker Residential Brokerage  
The Fabulous Find  
Lago’s Ice Cream  
LizFit  
Phi Sigma Sigma  
Rolling Green Nursery



Digital Prospectors has supported Greater Seacoast Community Health for more than 14 years.

## Donor Spotlight Digital Prospectors’ Passion to Action Committee

The team at Digital Prospectors believes in improving the lives of the people they serve. As a staffing company for clients in the technology, engineering, and life science sectors, making connections and building strong relationships is at the core of what they do. Their employee-run Passion to Action Committee makes the philanthropic decisions for the company.

“We’re proud to be part of Families First and Goodwin’s mission for so many years,” said the committee’s treasurer Steve Merriman, R&D Account Manager & Senior Principal Technical Recruiter at Digital Prospectors. “There’s a lot of growth that we’re looking forward to supporting.”

Digital Prospectors, which has offices in Exeter and Boston, has given over \$160,000 to support community health over the past 14 years.

They recently gave to our capital campaign for a new facility in Portsmouth and are annual Partner in Good Health sponsors, supporting our mission of providing comprehensive health care to all, regardless of ability to pay.

“We want people to love their jobs. That’s what we saw when we toured the health center,” Steve said. “Everyone was more than proud to do what they’re doing.”

## Thank you to our 2023 Partner in Good Health Sponsors



# Family Medicine Residents to Graduate

Greater Seacoast Community Health is proud to announce the graduation of the first set of residents from the Portsmouth Regional Hospital Family Medicine Residency Program. In 2020, four residents became primary care providers for Goodwin Community Health patients as the inaugural class of the three-year program's primary care clinic. Doctors Matthew Nagelschmidt, Guillermo Obregon, Wesley Phillips, and Nisha Vanmali will graduate this June.

"Residents are passionate about delivering care to patients with complex medical challenges and other obstacles related to the social determinants of health," said Dr. Joann Buonomano, a program core faculty member and Greater Seacoast's Chief

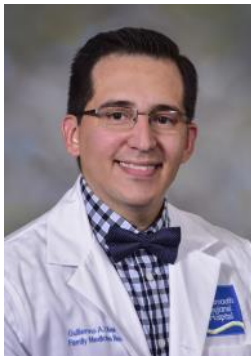
Medical Officer. "The enthusiasm of these young doctors coming out of medical school has been inspiring and builds a foundation of hope for the future of compassionate health care."

"I'm confident that when I leave here, I will be well-prepared," said Dr. Nagelschmidt. "I'm more confident in my clinical work, thanks to being here. The preceptors each bring a unique way to help mold the residents," he added. "So residents can take the best from their preceptors to better meet patient needs."

Our staff and board members wish the graduating residents well in their future endeavors.



Matthew Nagelschmidt, MD



Guillermo Obregon, MD



Wesley Phillips, MD



Nisha Vanmali, MD



Graduating residents Dr. Matthew Nagelschmidt (far right) and Dr. Wesley Phillips (middle) stand with faculty member Dr. David Gagnon.

## Family Center Programs

Spring/Summer 2023

### Family Morning Out

*For children from birth to age 6, and their caregivers, weekly in four towns*

Portsmouth  
Somersworth  
Epping (no summer session)  
Exeter (no summer session)

### Babytime

*For babies 0-12 months and caregivers*

Weekly in Somersworth

### The Families We Make

*For kinship and foster families*

Bimonthly, alternates between Somersworth and online

### Parenting Classes

*Topics and locations vary throughout the year. Upcoming topics include:*

Shopping on a Budget  
Special Education  
Positive Solutions for Families  
Communication Strategies

For more information, visit:  
[tinyurl.com/SeacoastParenting](https://tinyurl.com/SeacoastParenting)



## How You Can Help

You make these stories possible.

You can ensure more people get the health, dental, and behavioral health care and family support services they deserve.

Donate today at:  
[GetCommunityHealth.org/donate](https://GetCommunityHealth.org/donate)



# See You Soon!

Upcoming Events to Support Our Health, Dental, and Family Programs



**NH GIVES** — Tuesday, June 6 and Wednesday, June 7, online

Get ready to give during this 24-hour statewide online fundraising event through the New Hampshire Center for Nonprofits. Visit [NHGives.org](https://NHGives.org).

**FATHER'S DAY 5K** — Sunday, June 18, in Dover

Runners and walkers of all ages and abilities are welcome at this family-friendly event. Register at [runsignup.com/Race/NH/Dover/FathersDay5K](https://runsignup.com/Race/NH/Dover/FathersDay5K).



**ROCK WITH THE DOCS** — Saturday, October 7, in Milton

Join us for an evening of live music and dancing at The Greenery at McKenzie's Farm. We will honor the memory of Skip Homicz, DDS, and pay tribute to his many years of dedication as our volunteer Dental Director. Details to follow.

GREATER SEACOAST COMMUNITY HEALTH

**Goodwin** Community Health   **Families First**   **Lilac City** Pediatrics

8 Greenleaf Woods Dr, Portsmouth, NH 03801

[GetCommunityHealth.org](https://GetCommunityHealth.org)

## Impact Report 2022



GREATER SEACOAST COMMUNITY HEALTH

**Goodwin** Community Health   **Families First**   **Lilac City** Pediatrics

**Families First**  
Health & Support Center  
Portsmouth, NH  
(603) 422-8208

**Goodwin Community Health**  
Somersworth, NH  
(603) 749-2346

**Lilac City Pediatrics**  
at both locations  
(603) 749-2346

[GetCommunityHealth.org](https://GetCommunityHealth.org)